

# SOLE KITCHEN

<b>SEAFOOD PAELLA</b>	7.50
(with mussels, king prawns & Orlorozo sherry)	
<b>GARLIC BUTTERED PRAWNS</b>	7.50
(with sesame & chorizo)	
<b>POLENTA CRUSTED PLAICE FILLET</b>	7.00
(locally caught fish in brioche with lemon zest tartar)	
<b>CRUNCHY HOMEMADE FISH FINGER SANDWICH</b>	6.50
(polenta coated hake fillets with tartar)	
<b>SMOKED HADDOCK CHOWDER</b>	5.50
(creamy sweetcorn broth with chunks of smoked haddock)	
<b>FISH AND CHIPS</b>	8.50
(polenta coated cod with minty mushy peas)	

## DRINKS

Freshly roasted coffee  
Hot chocolate  
Home made juices  
Craft Lagers and Ales  
Prosecco  
Red and Wine

## SUPPLIERS LIST

Fish:	Folkestone Trawlers	<i>Folkestone Harbour</i>
Coffee:	Coffee Bean Company	<i>Ashford</i>
Chocolate:	Hendricks of Hythe	<i>Hythe</i>
Cider and wines:	Page and Sons	<i>Ramsgate</i>
Fruit and Veg:	Juicy Fresh	<i>Folkestone</i>
Craft Lager and Ales	Hop Fuzz	<i>Hythe</i>